

Lighting Exercise

Practice setting up the lights and changing bulbs (change bulbs only using tissue paper. Don't touch the bulb directly).

Look at what is soft and what is hard light.

Arrange the room for a three point lighting set up for a single subject.

Use a single light to see what frontal, side, broad and narrow-lit, back-lit, lighting from below and above and silhouette lighting look like. When moving a light on a stand, always turn it off first, as the bulbs are delicate.

Examine some possible ways of lighting the background in relation to the lighting of the subject. What works best?

Arrange a three point lighting set up. Check what each of the lights do in isolation and then together.

Light and shoot an interview with a single person using the three point lighting set up. Do the reverse shots on the interviewer.