Handling a Crisis Situation

School of ITEE Tutor Training
Dealing with sounds very negative. like something you do not want to do and is forced

“handling” sounds more open

Truffles, 30/01/2020
Disruptive Students

1. For low level disruption seek advice from fellow tutors.

2. If disruption is serious or ongoing, seek advice from course coordinator.
Overwhelmed Students

• **Refer** students to resources
  
  UQ Student Services  
  UQ Counselling and Crisis Line  
  Headspace

• Encourage students to **seek support** from family and friends
• Inform your **course coordinator**


[1300 851 998](tel:1300851998)

[https://headspace.org.au/](https://headspace.org.au/)
Mental Health Principles and First Aid Plan

1. **Approach**, assess and assist the person with a crisis

2. **Listen** without judgement

3. **Give** support and information

4. **Encourage** the student to receive appropriate professional help

5. **Encourage** the student to get support elsewhere
Threatening Behaviour

UQ Security
3365 3333

SafeZone App
UQ SafeZone App

UQ Contact Point
Immediately inform your course coordinator
SafeZone App (Download now)

Apple

Android
Support for You

UQ Counselling and Crisis Line
📞 1300 851 998

Headspace
🔍 Headspace Contact Us

UQ Employability Assistance Program
Staff (including casuals) can access free counselling
🔍 UQ Employability Assistance Program (1300 360 364)
Thank you